

# Integrals - 4

Vignesh Nydhruva

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$$\int \operatorname{sech}(x) \, dx$$

## Step 1: Algebraic Manipulation

We can rewrite the integrand by using the following definition.

$$\operatorname{sech}(x) = \frac{1}{\cosh(x)} = \frac{1}{\left(\frac{e^x + e^{-x}}{2}\right)} = \frac{2}{e^x + e^{-x}}$$

Now, continue manipulating the integrand.

$$\begin{aligned} \int \operatorname{sech}(x) \, dx &= \int \frac{2}{e^x + e^{-x}} \, dx \\ &= \int \frac{2}{e^x + \frac{1}{e^x}} \, dx \\ &= \int \frac{2}{\left(\frac{e^{2x} + 1}{e^x}\right)} \, dx \\ &= 2 \int \frac{e^x}{e^{2x} + 1} \, dx \end{aligned}$$

## Step 2: $u$ -Substitution

We can now continue solving the integral by performing the following  $u$ -substitution.

$$\begin{aligned}u &= e^{2x} + 1 \\ \frac{du}{dx} &= 2e^{2x} \\ dx &= \frac{du}{2e^{2x}} \\ 2 \int \frac{e^x}{u} \frac{du}{2e^{2x}} \\ &= \int \frac{1}{ue^x} du\end{aligned}$$

Since  $e^{2x} + 1 = u$ , then  $e^x = \sqrt{u-1}$ . We can now substitute  $\sqrt{u-1}$  into the integrand and proceed with the solution.

$$\int \frac{1}{u\sqrt{u-1}} du$$

## Step 3: Trigonometric Substitution

Now, perform the following trigonometric substitution.

$$\begin{aligned}u &= \sec^2(\theta), & du &= 2 \sec^2(\theta) \tan(\theta) d\theta \\ \int \frac{1}{u\sqrt{u-1}} du &= \int \frac{2 \sec^2(\theta) \tan(\theta)}{\sec^2(\theta) \sqrt{\sec^2(\theta) - 1}} d\theta\end{aligned}$$

Recall the trigonometric identity:  $\sec^2(\theta) - 1 = \tan^2(\theta)$ .

$$\int \frac{2 \sec^2(\theta) \tan(\theta)}{\sec^2(\theta) \sqrt{\tan^2(\theta)}} d\theta$$

Since we are dealing with the square root of a square in the denominator of the integrand, we should rewrite  $\sqrt{\tan^2(\theta)}$  as  $|\tan(\theta)|$ . We can now set a specific domain for  $\theta$ , namely  $\theta \in (0, \frac{\pi}{2})$ , which will allow  $|\tan(\theta)|$  to become simply  $\tan(\theta)$ . Note that we could have also chosen the outcome to be  $-\tan(\theta)$ ,

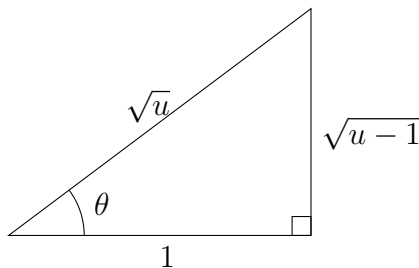
making  $\theta \in (-\frac{\pi}{2}, 0)$ , but we choose the positive version since it is easier to deal with positive values. Now, we can continue solving the integral.

$$\int \frac{2 \sec^2(\theta) \tan(\theta)}{\sec^2(\theta) \tan(\theta)} d\theta$$

Now, almost everything cancels nicely, leaving us with the following.

$$\int 2 d\theta = 2\theta + C$$

We now need to rewrite this result, using the definition we made during the trigonometric substitution.



$$u = \sec^2(\theta), \quad \sqrt{u} = \sec(\theta)$$

$$\int \frac{1}{u\sqrt{u-1}} du = 2\theta + C = 2 \operatorname{arcsec}(\sqrt{u}) + C$$

Notice that it seems that we skipped a step and went directly from  $u = \sec^2(\theta)$  to  $\sqrt{u} = \sec(\theta)$ . However, we know that  $u = e^{2x} + 1$  and that  $u \in (1, \infty)$ , which is why we can take the square root of  $u$  without considering the negative case resulting from the absolute value.

Finally, substituting in  $e^{2x} + 1$  in for the  $u$ , we get the answer.

$$\int \operatorname{sech}(x) dx = \boxed{2 \operatorname{arcsec}(\sqrt{e^{2x} + 1}) + C}$$